

Program Information

Participants **must** have an Intake Form on file before they can attend an Arc activity.

Registration


Please register 48 hours **prior** to the start of the activity to secure a spot.

**Age Group
Color Code**
Ages 9-13
Ages 14+
Ages 14-17
Ages 18+



AFTER Activities

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	\$30 2 Art Class Able HeArt Amesbury 10-11am
3	4 Game Time Audience Choice Zoom 4-5pm \$15 Bowling Gametime Candlepin Amesbury 5-6:15pm	5	\$15 6 Bowling Gametime Candlepin Amesbury 4:30-6pm	\$35 7 The Studio Newburyport 1:30-3pm	8	9 Lunch Hour Live w/Diane Crockpot Butternut Squash Soup Zoom 11am-12pm
10	11 Game Time Bring your game Zoom 4-5pm \$15 Bowling Gametime Candlepin Amesbury 5-6:15pm	12 Story Telling with Patrick "Harry Potter" Zoom 6:30-7:30pm	\$15 13 Bowling Gametime 10-Pin Amesbury 4:30-6pm	\$35 14 The Studio Newburyport 1:30-3pm	\$10 15 Dance St. Patty's Day Haverhill 6-8pm	\$30 16 Arts & Crafts Collaboration Able HeArt Amesbury 11:30-1:30pm
17	18 Game Time 2 truths & a lie Zoom 4-5pm \$15 Bowling Gametime Candlepin Amesbury 5-6:15pm	\$20 19 Movie Day Vision Max Kung Fu Panda 4 Time TBD pm	\$15 20 Bowling Gametime Candlepin Amesbury 4:30-6pm	\$35 21 The Studio Newburyport 1:30-3pm Music Exploration w/Edgard Merrimac 6-7pm	\$25 22 Arts & Crafts Veasey Park Groveland 4-5pm	23 Let's Talk About... Turning your Creations into Cash 10:30-12pm
24	25 Game Time Madlibs Zoom 4-5pm \$15 Bowling Gametime Candlepin Amesbury 5-6:15pm	26 Story Telling with Patrick "Harry Potter" Zoom 6:30-7:30pm	\$15 27 Bowling Gametime 10-Pin Amesbury 4:30-6pm Yoga with Liz Zoom 6:30-7:30pm	\$35 28 The Studio Newburyport 1:30-3pm \$10 Game Night Eggstravaganza Newburyport 5-8pm	29	30
31 						

Registration required for all activities. For more information see activity descriptions below.

Register at <https://thearcofghn.org/events/> or contact Neala Mercier at after@thearcofghn.org



AFTER ACTIVITIES

Activities, Fun, Training, Enrichment & Recreation

Participants must have an intake form on file before they can attend a GHN activity in person.

caregiver/provider needs to participate if special assistance is required

TO REGISTER: email Neala Mercier, AFTER Coordinator at after@thearcofghn.org

March Activity Descriptions

Game Time (Ages 14+)

Mondays @ 4pm via Zoom

Zoom in for some social game challenges! Each week we will have new games and activities. Check the calendar for details.

Story Telling with Patrick (Ages 14+)

Every 2nd & 4th Tuesday in March @ 6:30pm via Zoom

Zoom into this journey and explore the world of Harry Potter while Patrick tells the story. Feel free to read along or put your feet up, grab a snack and unwind through this adventure. This will be a continuous series.

Lunch Hour Live (Ages 18+)

Saturday, March 9th @ 11-12pm via Zoom

Join your virtual host, Diane! Cook along as she takes you step by step through the process of making a delicious home cooked meal in your crockpot.

Yoga with Liz (Ages 14+)

Wednesday, March 27th @ 6:30pm via Zoom

Join us on zoom for Yoga. Liz Kennedy DeGroot, Founder of Traveling Yogi, will bring yoga to your home via Zoom! Classes start with calm meditation, build up through movement, creativity, excitement, and end in reflection. Traditional yoga terminology will be sprinkled throughout class, but the goal is to have fun and be creative through movement - not to get stuck in the mold of how a mainstream yoga class is perceived to run!

Bowling (Ages 18+)

Mondays in March @ 5-6:15pm, Gametime Lanes, 84 Haverhill Rd, Amesbury

Wednesdays in March @ 4:30-6pm, Gametime Lanes, 84 Haverhill Rd, Amesbury

This is a fun energetic group of people that love to bowl. You can email me for any open slots in case we have a cancellation.

Cost: \$15 per person

Min 4, Max 12, Staffing Ratio: Varies

The Studio (Ages 18+)

Thursdays in March @ 1:30-3pm, The Studio, 253 Low St., Newburyport

A place to be creative through a variety of art projects. Also offering many other activities to help build coping skills, improve social interactions, gain self-esteem, and develop techniques to improve emotional regulation.

Maximum participants: 10

Cost: \$35.00 per person

Art Class (Ages 18+)

Saturday, March 2nd @ 10-11am, Able HeART Studio, 77 Elm St, Unit 203, Amesbury

Art class with experienced artists in Amesbury! You will leave class with fabulous craft and a great social experience with peers.

Cost: \$30 per person

Min 6, Max 12, Staffing Ratio: Varies

Dance (Ages 18+)

Friday, March 15th, 6:00-8:00pm, The Haverhill Citizen's Center, 10 Welcome St., Haverhill

DJ in the house playing Top 40 hits along with lots of crowd favorites! Bring a friend and join the fun. **The theme is Valentines.**

Cost: \$10.00 per person

Arts & Crafts Day Collaboration with Able Heart (Ages 18+)

Saturday, March 16th, 11:30am-1:30pm @ Able HeART Studio, 77 Elm St, Unit 203, Amesbury

Join us for a creative afternoon of making arts and crafts for Valentine's Day. I will have lunch for everyone.

Cost: \$35 per person

Min 6, Max 12, Staffing Ratio: Varies

Register @ <https://thearcofghn.org/events> or contact Neala Mercier @ after@thearcofghn.org

Movie Night (Ages 14+)

Tuesday, March 19th, TBD @ Vision Max Cinema, 201 Elm St, Salisbury, MA

Join us for a night out at the movies to see "Kung Fu Panda 4". We will meet up and grab a drink and some popcorn for a relaxing night at the movies.

Cost: \$20 per person

Min 6, Max 12, Staffing Ratio: Varies

Music Exploration! (Ages 18+)

Thursday, March 21st, 6-7pm @ Merrimac Library, 86 W. Main St., Merrimac, MA

Come with your musical instrument and/or voice and a desire to join others who enjoy all kinds of music! Showcase your musical talents or come to explore your musical side. All abilities welcome!

Min 2, Max 10, Staffing Ratio: Varies

Let's Talk About... Turning your Creations into Cash (Ages 18+)

Saturday, March 23rd, 10:30-12pm, Salisbury Public Library, 17 Elm St, Salisbury, MA

Hosted by Elizabeth Fulks, this class is about getting together with our peers and having an open discussion about life's challenging subjects. This is a great time to brush up on important reminders. Bring your yoga mat with you if you have one. Your input is so important we appreciate any questions or subjects you would like us to build a class on.

Min 4, Max 12, Staffing Ratio: Varies

Arts & Crafts (Ages 9-13)

Friday, March 28th, 4-5-pm, Veasey Park 201 Washington St., Groveland, MA

Join us for some arts and crafts lead by Michelle Martin from The Studio. Use a variety of materials to express yourself in a fun environment. Modeling clay, canvas painting, watercolor pencils are just a few of the mediums you can choose from for your creations! This is an opportunity for a self-directed project with guidance and skill assistance from Michele. Bring your ideas and bring them to light!

Cost: \$25 per person

Min 6, Max 15

Game Night Eggstravaganza partnership with Peer Support (Ages 18+)

Friday, March 28th, 5-8:00pm, Newburyport Community Center., 331 High St., NBPT

Join us for an **Eggciting** night of fun and games as Peer Support and AFTER Program put our heads together to create another amazing activity for you. We will be serving dinner and drinks. Please let us know of any allergies. **REGISTRATION REQUIRED**

Cost: \$10 per person

Min 10, Max 50, Staffing Ratio: Varies

Register @ <https://thearcofghn.org/events> or contact Neala Mercier @ after@thearcofghn.org

Community Connections

All activities listed in below are goings-on' in the local community, are not Arc staffed activities. For information or to make arrangements, please contact the host organizations.

- **Sundays** - Newburyport Farmers Market, 9-1pm, Tannery Marketplace, 50 Water St.
- **Sundays** - Amesbury Farmers Market, 1-4pm @ Barewolf Brewing, Amesbury
- **Monday's in March** - Kids in the kitchen, 3:30pm Lawrence Public Library 3:30pm
- **Tuesdays** - Vision Max Cinema - Movies are \$5.00 all day!
- **Thursday Night** - Game Nights (3/14, 3/21 & 3/28) 5:30-8:30pm, Haverhill Public Library
- **March 2nd** - Donuts with Grown-Ups-Wildlife (Ages 3-8) 10-10:45am, Nevins Memorial Library
- **March 4th** - Movie: Lord of the Rings 1:30-4:30pm, Haverhill Public Library
- **March 5th** - Teen Crafternoon- Decorate a Slate Coaster 4-5pm, Haverhill Public Library
- **March 6th** - Chocolates and the Environment (Adults) 6:30-7:30pm, Newburyport Public Library, 94 State Street, Newburyport
- **March 9th** - Boredom Busters Woven Bracelets & Keychains (Ages 6-9) 2-3pm, Nevins Memorial Library
- **March 12th** - Graphic Medicine where health & comics meet 7-8pm Nevins Memorial Library
- **March 13th** - Felted Spring Surprise Egg (Teens) 4:30-6pm, @ Haverhill Public Library
- **March 13th** - Rainbow Soap Making 6-7pm @ Haverhill Public Library
- **March 14th** - Teen Arts and Crafts Club (Ages 12-18) 3-4pm, Nevins Memorial Library
- **March 19th** - Teen Movie Club (Ages 13-18) 4-6pm, Nevins Memorial Library
- **March 19th** - Craft Corner (All Ages) 3-4pm, Newburyport Public Library, 94 State Street, Newburyport
- **March 23rd** - Indoor Flea Market, 8am-2pm, Veasey Park, 201 Washington St, Groveland

Our local libraries offer many activities, check out their event calendars online!

<https://libraries.state.ma.us/calendar>

Check out The Arc of the United States Virtual Program Library!

<https://programlibrary.thearc.org>