



NOVEMBER 2024



AFTER Activities



Program Information

Participants **must** have an Intake Form on file before they can attend an Arc activity.

Registration

Please register **48 hrs** prior to the start of the activity to secure a spot.

Age Group

Color Code

Ages 9-13

Ages 14+

Ages 14-22

Ages 18+

**Registration required for all activities. For more information see activity descriptions below.
Register at <https://thearcofghn.org/events/> or contact Neala Mercier at after@thearcofghn.org**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Lego Hangout Haverhill 10:30-11:30am
						2 \$20 Corn Maze Kimball Farm Haverhill 12-2pm 12-2pm
3	Zoom Game Time Name 5 4-5pm	5 	6 \$15 10-Pin Bowling Amesbury 4:30-6pm	7 \$35 The Studio Newburyport 1:30-3pm	8	9 Zoom Crockpot Cooking w/Diane: Tuscan Chicken Stew 11-12pm
	\$15 Bowling Amesbury 5-6:15pm					
10	11 	12 Zoom Story Telling w/Patrick "Harry Potter" 6:30-7:30pm	13 \$15 Candlepin Bowling Amesbury 4:30-6pm	14 \$35 The Studio Newburyport 1:30-3pm	15 \$10 Country Dance Haverhill 6-8pm	16 \$30 Art Class Able HeArt Amesbury 10:00-11:00am
17	18 Zoom Game Time Mad Libs 4-5pm	19	20 \$15 10-Pin Bowling Amesbury 4:30-6pm	21 \$35 The Studio Newburyport 1:30-3pm	22	23
	\$15 Bowling Amesbury 5-6:15pm		Zoom Yoga w/Liz 6:30-7:30pm	21 \$20 FriendsGaming NBPT Senior Center 5-8pm		Let's Talk About... Safety Skills Haverhill 10:30am-12pm
24	\$15 Bowling Amesbury 5-6:15pm	26 \$20 Movie Night Wicked TBC	27	28	29	30
		Zoom StoryTelling w/Patrick "Harry Potter" 6:30-7:30pm				

Register @ after@thearcofghn.org or contact Neala Mercier @ nmercier@thearcofghn.org



AFTER ACTIVITIES

Activities, Fun, Training, Enrichment & Recreation

Participants must have an intake form on file before they can attend a GHN activity in person.
caregiver/provider needs to participate if special assistance is required

TO REGISTER: email Neala Mercier, AFTER Coordinator at after@thearcofghn.org

November Activity Descriptions

Game Time (Ages 14+)

Every Other Monday @ 4pm via Zoom

Zoom in for some social game challenges! Each week we will have new games and activities. Check the calendar for details. **REGISTRATION REQUIRED**

Story Telling with Patrick (Ages 14+)

Every 2nd & 4th Tuesday @ 6:30pm via Zoom

Zoom into this journey and explore the world of Harry Potter while Patrick tells the story. Feel free to read along or put your feet up, grab a snack and unwind through this adventure. This will be a continuous series. **REGISTRATION REQUIRED**

Bowling (Ages 18+)

Mondays @ 5-6:15pm, Gametime Lanes, 84 Haverhill Rd, Amesbury (Candlepin Only)

Wednesdays @ 4:30-6pm, Gametime Lanes, 84 Haverhill Rd, Amesbury

This is a fun energetic group of people that love to bowl. You can email me for any open slots in case we have a cancellation. **REGISTRATION REQUIRED**

Cost: \$15 per person

Min 4, Max 12, Staffing Ratio: Varies

Crockpot Cooking w/ Diane (Ages 18+)

Saturday, November 9th @ 11-12pm via Zoom

Join your virtual host, Diane! Cook along as she takes you step by step through the process of making a delicious home cooked meal in your crockpot. **November's Recipe is Tuscan Chicken Stew. REGISTRATION REQUIRED**

Register @ after@thearcofghn.org or contact Neala Mercier @ nmercier@thearcofghn.org

The Studio (Ages 18+)

Thursdays @ 1:30-3pm, The Studio, 253 Low St., Newburyport

A place to be creative through a variety of art projects. Also offering many other activities to help build coping skills, improve social interactions, gain self-esteem, and develop techniques to improve emotional regulation. **REGISTRATION REQUIRED**

Maximum participants: 10, Cost: \$35 per person

Lego Hangout (Ages 14+)



Saturday, November 2nd @ 10:30-11:30am, 57 Wingate Street, 1st Floor, Haverhill

By request we are going to have a Lego build hang out. We will get together and build/create individual structure or a group project. **REGISTRATION REQUIRED**

Min 4, Max 12, Staffing Ratio: Varies



Corn Maze (Ages 14-17) & (Ages 18+)

Saturday, November 2nd @ 12-2pm, Kimball Farm Haverhill, 791 E. Broadway St, Haverhill

Saturday, November 2nd @ 12-2pm, Kimball Farm Haverhill, 791 E. Broadway St, Haverhill

We are trying something new. Come along and take this adventure with me. There is a farm stand here also if you would like to purchase anything. **REGISTRATION REQUIRED**

Cost: \$20 per person

Min 4, Max 12, Staffing Ratio: Varies

Dance (Ages 18+)

Friday, November 15th @ 6:00-8:00pm @ Haverhill Citizen's Center, 10 Welcome Street, Haverhill

Our DJ will be playing Top 40 hits along with lots of crowd favorites! Bring a friend and join the fun. **The theme is Country Dance. REGISTRATION REQUIRED**

Cost: \$10.00 per person

Art Class (Ages 18+)

Saturday, November 16th @ 10am-11am, Able HeART Studio, 77 Elm St, Unit 203, Amesbury

Join us at Able HeArt Studio for creative art class. Carolyn and Lisa lead you through step-by-step instructions with fun ideas and great tips. **REGISTRATION REQUIRED**

Cost: \$30 per person

Min 6, Max 12, Staffing Ratio: Varies

Register @ after.thearcofghn.org or contact Neala Mercier @ nmercier@thearcofghn.org

Yoga with Liz (Ages 14+)

Wednesday, November 20th @ 6:30pm via Zoom

Join us on zoom for Yoga. Liz Kennedy DeGroot, Founder of Traveling Yogi, will bring yoga to your home via Zoom! Classes start with calm meditation, build up through movement, creativity, excitement, and end in reflection. Traditional yoga terminology will be sprinkled throughout class, but the goal is to have fun and be creative through movement - not to get stuck in the mold of how a mainstream yoga class is perceived to run! **REGISTRATION REQUIRED**

Let's Talk About...Safety Skills (Ages 18+)

Saturday, November 26th @ 10:30-12pm, 57 Wingate St, 1st floor, Haverhill

Hosted by Elizabeth Fulks and partnering with Peer Support, this class is about getting together with our peers and having an open discussion about life's challenging subjects. This is a great time to brush up on important reminders. Your input is so important we appreciate any questions or subjects you would like us to build a class on. **REGISTRATION REQUIRED**

Min 4, Max 12, Staffing Ratio: Varies



FriendsGaming - A Partnership with Peer Support (Ages 18+)

Thursday, November 21st @ 5-8pm, Newburyport Community Center, 331 High St, Newburyport

Join us for a night of fun and games as Peer Support and AFTER Program put our heads together to create another amazing activity for you. We will be serving a thanksgiving inspired dinner with drinks. Please let us know of any allergies. **REGISTRATION REQUIRED**

Cost: \$20 per person

Min 20, Max 50, Staffing Ratio: Varies

Movie Night (Ages 14+)

Tuesday, November 26th @ (To Be Confirmed) Vision Max Cinema, 201 Elm St, Salisbury

Join us for a night out at the movies to see "Wicked". We will meet up and grab a drink and some popcorn for a relaxing night at the movies. **We cannot confirm the time until Thursday before activity. REGISTRATION REQUIRED**

Cost: \$20 per person

Min 6, Max 20, Staffing Ratio: Varies

Register @ after@thearcofghn.org or contact Neala Mercier @ nmercier@thearcofghn.org

Community Connections

All activities listed below are goings-on' in the local community, are not Arc staffed activities. For information or to make arrangements, please contact the host organizations.

- **Sundays** - Newburyport Farmers Market, 9-1pm, Tannery Marketplace, 50 Water St.
- **Sundays** - Amesbury Farmers Market, 1-4pm @ Barewolf Brewing, Amesbury
- **Mondays in November** - Kids in the kitchen, 3:30pm Lawrence Library 3:30pm
- **Tuesdays** - Vision Max Cinema - Movies are \$6.00 all day!
- **Thursday Night** - Game Nights, 5:30-8:30pm, Haverhill Library
- **Friday's** - Methuen Farmers Market, 10-4pm, Nevins Library, Methuen

Our local libraries offer many activities, check out their event calendars online!

<https://haverhillpl.org>

<https://www.nevinslibrary.org>

<https://www.lawrencepl.org/events>

<https://libraries.state.ma.us/calendar>

<https://www.merrimaclibrary.org/calendar.html>

Check out The Arc of the United States Virtual Program Library!

<https://programlibrary.thearc.org>

Additional Resources

<https://www.ciderhill.com/farm-events>

<https://www.veaseypark.org/community-events>

https://haverhillrec.activityreg.com/selectactivity_t2.wcs?leaguesid=915

Inclusive Dance Classes | Everybody Dance Now (everybody-dancenow.com)

[Healthykidsrunningseries.org](https://www.healthykidsrunningseries.org)

<https://www.communityconnections.org>